# ....a. Strain Summer Time Trials 2019

(Promoted for and on behalf of Cycling Time Trials under their rules and Regulations)

## Women's Summer Series ~ Event 1 ~ P881/10 (A3) Ham Barn Liss

At Liss ~ Greatham Hampshire ~ Wednesday 15<sup>th</sup> May 2019

The Headquarters are at the *Palais de Velo* Petersfield Road Greatham GU33 6HA

Timekeepers:	Kathleen Collard-Berry, Trevor Beauchamp, Maria Golden	
Start Line Stewards:	Nick Burton, John Sadler, Peter Phipps	
Marshals & Crew:	Members & friends ofa3crg	
Catering:	Ken Rayson & Mike Boyce	
<b>Results &amp; Presentation:</b>	Martin Whitty & Paddy	

If you are Unable to Start then please let us know as soon as possible so that we can allocate a place to a reserve.

All riders under 18 years of age please hand your "Parental Consent Form" in at Signing-In Control.

To ride to the Start: Turn right upon leaving the HQ and allow at least eight minutes getting to the Start. There is no need to go back & forth to the start as we do not move it once the event has started. The Village Hall has adequate toilet facilities, please use them rather than relieving yourself behind the bus shelter near the start.

Greatham Village Hall (HQ) Will be Signposted from Ham Barn Roundabout A3

### All Riders Please Sign-on By 18:45 or Text 07867 995645 if arriving later.

Please do not ask the Timekeepers where the course goes, they time it, not ride it.

#### **Procedure During the Event:**

Please use a rear light & switch in on (we cannot impose that you do, neither do we have to accept your entry to future events)

If caught, ease back; do not take pace on the wheel of the rider who caught you

If passing a rider please make sure the effort is enough to pass completely

Look where you are going, keep your head up & please don't hog the carriageway.

The "Fantastic Budget Busting Prizes" will be presented *quickly* after the Events, please stay and applaud the Victors of the Day. Paddy & Martin will also issue a result sheet "on the day". **Prizes not collected on the night** will be deemed to have been donated, unless prior arrangements have been made.

Next Event 22<sup>nd</sup> May P881: "Bit of the Same Again" Event 2

**Event Secretary:** David Collard-Berry, 59 Midhurst Road Fernhurst Haslemere GU27 3EN Tel.: 01428 651843 ~ mobile (Race HQ Mobile): 07867 995645 ~ email: <u>dcb@a3crg.co.uk</u>

Paddy Brennan, Transform House, Weydown Road, Haslemere, GU27 1DN **email**: paddy@a3crg.co.uk

IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. It is also <u>recommended</u> that a WORKING FOUR4th REAR LIGHT, either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use

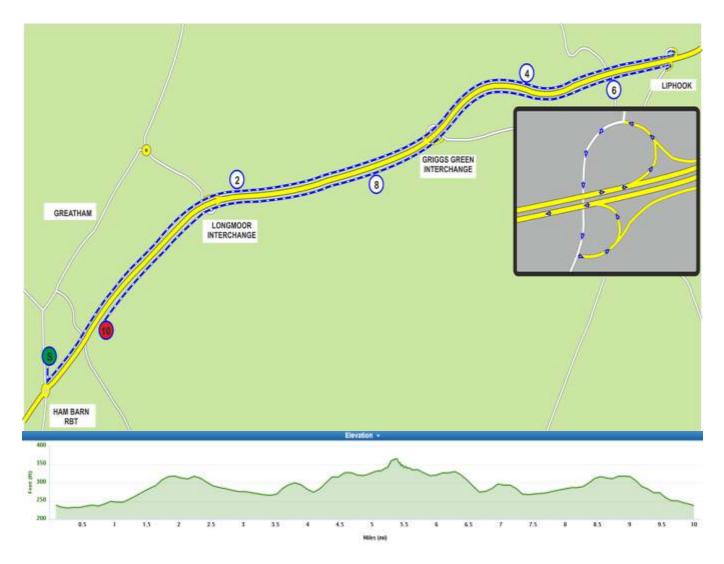
#### Course Details 10 Mile TT ~ Greatham – West Liss / Liphook A3 ~ P881/10 mile

#### Course Record: Chris Bartley 00:18:22 ~ 30/05/18 ~ Rachael Elliot 00:20:35 ~ 06/05/17

Start on the B3006 off the A3 Liss/Selbourne turning 190 yards from the Hamm Barn roundabout at a point 17 yards west of centre of three concrete manhole covers on the tarmac footpath.

Proceed to the roundabout and take the first exit on to the A3 signposted Guildford London. Proceed north passing turnings for the (1) A325 (Farnham) (2) Griggs Green, at the third turning (5.2 miles) take the left turn signposted Haslemere-Liphook, and continue over the flyover taking the left turn onto the slip road to rejoin the A3 in a southerly direction (signposted Petersfield –Portsmouth).

Retrace along A3 towards the Hamm Barn Roundabout to finish at the third marker on the lay-by approximately 600 yards north of Hamm Barn roundabout (10 miles).



Num	Rider	Squadra/Team/Club	Cat	Start Time
25	Amy Pretorius	a3crg	WEsp	19:12:30
26	Deanna Ferrett	Hampshire Road Club	WV	19:13:00
27	Virginia McGee	a3crg	WV	19:13:30
28	Alison Ford	GS Vecchi	WV	19:14:00
29	Rachael Lamont	Hampshire Road Club	WV	19:14:30
30	Lara Taylor	Velo Club Godalming & Haslemere	WV	19:15:00
36	Marianne Holt	Team Bottrill	WS	19:18:00
38	Sarah Matthews	a3crg	WV	19:19:00
39	Freya Richardson	Portsmouth North End CC	WJ	19:19:30
40	Sally Turner	trainSharp	WS	19:20:00
41	Eva Nyirenda	a3crg	WS	19:20:30
42	Courtney Edmonds	Bike Jockey CC	WS	19:21:00
44	Kirsty McSeveney	a3crg	WS	19:22:00
46	Caitlin Peters	Storey Racing	WJ	19:23:00
48	Faye Faber	NOPINZ	WS	19:24:00
49	Lucy Mitchell	a3crg	WV	19:24:30
50	Jennifer George	Torelli	WS	19:25:00

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There Is A 30 Second Starting Order, Check Your Start Time & Switch On Your Rear Light, We Need To Be Able To See It & Please Don't Hog The Carriageway.

Late Starts are not an Option